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Thursday 6<sup>th</sup> June 2024

Week 6, Term 2 2024

Kia ora and welcome to Poroti School

Welcome to the season of winter illness and COVID! We have covid cases at school. At school we are reinforcing those basic hygiene rules- wash your hands with soap and water and cough or sneeze into your elbow or a tissue, never your hands. For everyone's health and safety please

- Stay at home if you are feeling unwell if you, or someone in your household develops one
  or more of the following symptoms, you should take a Rapid Antigen Test (RAT) for COVID19: a runny nose, sore throat, cough, fever, vomiting, diarrhoea, headache, loss of smell or
  taste, shortness of breath.
- If you have tested positive for COVID-19, it is recommended you isolate for 5 days, even if you only have mild symptoms, starting at Day 0, which is the day your symptoms started or when you tested positive, whichever came first.



Think and Be Me: Cat and Willi presented their second workshop today introducing a new character-Angry Dragon- who was ably assisted by Cool Cat to change that thinking. Knowing that Angry can be 'feeling embarrassed,' 'lonely,' 'frustrated.' The Senior Class continued to work on Things I have control over and Things I don't! They talked about blaming others or what was happening without thinking about their part and what they could do. Think and Be Me has fitted into our programmes extremely easily, giving our students another set of strategies to help them deal with any trauma, anxiety and conflict with easy to understand characters and words like 'Name it. Notice it. Calm your body. Calm your brain. Catch it. Check it Change it!' Next week we will send home the 'cubes' and an information sheet for whānau.

Keep your eyes open and search your child's bag for notices.



## WAITANGI TRIP TOMORROW!

This trip is the bringing together of our term's work. *It is a school day, just learning outside of our classroom.* It will be the catalyst for the rest of the term's work. We hope to have everyone on the trip-Senior and Junior classes and parents. The plan is to leave school by 7.45 a.m. (but sleeping on the bus is always an option!) The adults on the bus would probably appreciate that option being taken up. *Students need morning tea snacks, water bottle and footwear for walking. The school will supply School Jackets (pick up in the morning). If you have a blue Kids Can jacket please wear that.* 

Country Meal: See attached notice with all the details for next Friday 14<sup>th</sup> June. It really is all go here at Poroti School!

Mrs J (Principal)



MATARIKI: Thursday 4<sup>th</sup> July (last week of the term

## LAST CALL FOR HANGI ORDERS TOMORROW!



**BOARD REPORT:** Next meeting date to be advised when set.

They will be looking at Strategic Planning, Policy review and Student Achievement.

## **DATES FOR YOUR DIARY:**

TERM TWO					
Friday 7 <sup>th</sup> June	Waitangi Trip – whole school				
Friday 14 <sup>th</sup> June	School hosting Country Meal at complex - many helpers needed! Details closer to the time				
Thursday 27 <sup>th</sup> June	Group of students visiting Pakotai to celebrate Matariki				
Friday 28 <sup>th</sup> June	Matariki Day – National Holiday and school will be closed.				
Thursday 4 July	School MATARIKI events + School Powhiri for our new students and whānau				



A scenario was acted out by Willie.

Our students identified how he was feeling.

How did he show his feelings? What were his actions and words?





They identified from the scenario what the 'triggers' were.

What could he do and say to himself to change his thinking and the way he acts?

